# **JUNE 2019**

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2 LIBRARY CLOSED Belle's Tea	3 <b>12:00-1:00pm</b> Gentle Yoga	4 <b>1:00-3:30pm</b> Seniors' Tea <b>7:00-8:00pm</b> Knitting & Crochet	5 <b>12:00-1:00pm</b> Gentle Yoga	6	7 10:15-10:45am Preschool Storytime 12:00-1:00pm Gentle Yoga	8 9:00am-4:00pm Plant exchange 9:00-10:00am Prenatal Yoga
						<b>10:00-11:00am</b> Fun Flow Yoga
9 LIBRARY CLOSED	10 <b>12:00-1:00pm</b> Gentle Yoga	11 <b>7:00-8:00pm</b> Knitting & Crochet	12 <b>12:00-1:00pm</b> Gentle Yoga	13	14 <b>10:15-10:45am</b> Preschool Storytime <b>12:00-1:00pm</b> Gentle Yoga	15 9:00-10:00am Prenatal Yoga 10:00-11:00am Fun Flow Yoga
16 LIBRARY CLOSED	17 <b>12:00-1:00pm</b> Gentle Yoga	18 <b>7:00-8:00pm</b> Knitting & Crochet	19 <b>12:00-1:00pm</b> Gentle Yoga	20	21 <b>10:15-10:45am</b> Preschool Storytime <b>12:00-1:00pm</b> Gentle Yoga	22 9:00-10:00am Prenatal Yoga 10:00-11:00am Fun Flow Yoga
23 LIBRARY CLOSED	24 <b>12:00-1:00pm</b> Gentle Yoga	25 <b>7:00-8:00pm</b> Knitting & Crochet	26 <b>12:00-1:00pm</b> Gentle Yoga	27	28 <b>10:15-10:45am</b> Preschool Storytime <b>12:00-1:00pm</b> Gentle Yoga	29 9:00-10:00am Prenatal Yoga 10:00-11:00am Fun Flow Yoga
30 LIBRARY CLOSED						



105B Marina Road Chestermere, AB T1X 1V7 Phone: 403-272-9025 acheslibrary@marigold.ab.ca

#### LIBRARY HOURS:

Monday	10:00am—9:00pm				
Tuesday	10:00am—9:00pm				
Wednesday	10:00am—9:00pm				
Thursday	10:00am—9:00pm				
Friday	10:00am—5:00pm				
Saturday	9:00am—4:00pm				
Sunday	CLOSED **				
*Closed on statutory holidays					
**Closed Sundays until Sep 8					

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## JUNE 2019 - Program Guide

#### **Summer Hours**

We will be closed on Sundays until September 8th

#### Loop Around the Lake 2019

Lifepath Wellness has made the following pledge: Our wellness group will donate \$50/registrant, once we have surpassed the threshold of 165 runners. (All time record). The race is capped at 500 runners. Please, help our City prosper by investing in our youth. Nothing would make us happier than pushing our new Library closer to reality. Please register today.

#### June Artist of the Month Sandre Kunimoto

Painting is very therapeutic for Sandre. Observing life in different light, hues, shadows, textures and forms is fascinating to Sandre. She keeps adding to her skills and knowledge and appreciates learning from others. She feels that learning is good for the soul, no matter your age or skill level. It is her hope that you enjoy these pieces of art from her journey of discovery, and perhaps start one of your own. Stop by the Library anytime to check out her artwork! Are you a local artist that would like to be featured? Contact Lin Kingdon at <u>linnetts56@gmail.com</u>.

#### Plant Exchange Saturday, June 8, 9:00am—4:00pm

Do you have too many zucchini seedlings and no pepper plants? Are your tomato seedlings spindly... if you don't mind us asking? Come to the plant exchange and trade with your neighbours. You are welcome to bring your extra plants and seeds and stay for a while or just leave them for someone who needs them.

#### Board Games Saturday, June 15, 11:30am—3:30pm

All ages are welcome to join us for board game fun at the Library. No registration is required. This new monthly program features games like Pitchcar, Catan, Dixit, and more.

#### Gentle Yoga Mondays, Wednesdays & Fridays at 12:00—1:00pm

Certified yoga instructor, Elann Anderson, facilities this drop-in program of gentle movement and yoga poses. There is a \$5.00 drop-in fee. Please wear comfortable clothing and bring a yoga mat.

#### Knitting & Crocheting Tuesdays at 7:00—8:00pm

Bring your hooks, needles and yarn to the Library every Tuesday evening. All skill levels welcome.

#### Pre-School Storytime Fridays at 10:15—10:45am

Drop by the Library every Friday morning at 10:15am for stories, songs and fun. No registration is required.

#### Prenatal Yoga Saturdays at 9:00—10:00am

Elann Anderson is back with Prenatal Yoga. This class empowers women to enhance their ability to access greater relaxation, comfort, and enjoyment during this highly sensitive time. It can help mothers prepare for the birthing process by teaching techniques to help keep stress levels down and to help relieve physical pains associated with pregnancy. \$10 drop-in class.

#### Fun Flow Yoga Saturdays at 10:00—11:00am

Join certified yoga instructor, Elann Anderson, for Fun Flow Yoga. Participants should have some knowledge of basic poses. Please bring a mat, towel, and water. \$10.00 drop-in.



